

Discussion on the Regional Mobile Crisis Response Program and Crisis Triage Facility to Serve North King County Cities

September 26, 2022



Background

A crisis response framework created by the Substance Abuse and Mental Health Services Administration (SAMHSA) recommends communities build infrastructure that provides **someone to talk to (crisis lines), someone to respond (mobile crisis teams) and somewhere to go (crisis triage centers).**



**SOMEONE
TO TALK TO**



**SOMEONE
TO RESPOND**

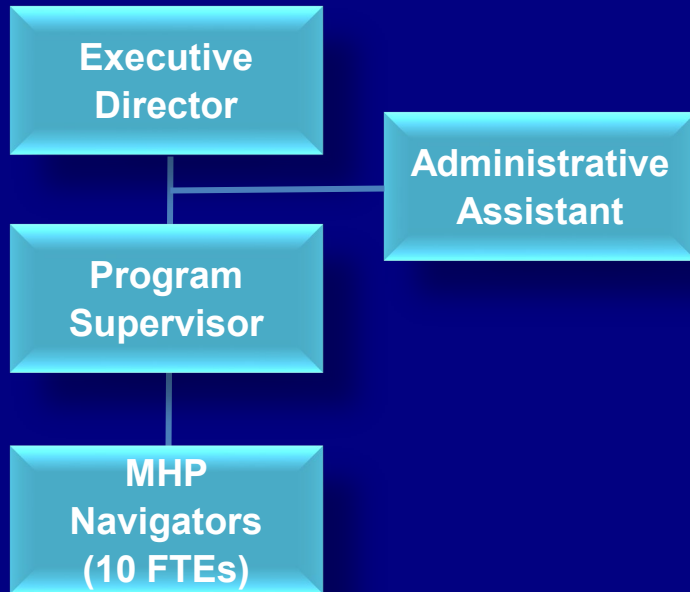


**SOMEWHERE
TO GO**

Discussion

- RADAR Expansion Goals:
 - 24/7 coverage across 5 cities starting first quarter 2023
 - Accessible to all first responders, compatible with all dispatch providers
- Planning Group:
 - City Managers/Administrators and key staff
 - RADAR Program Manager

Discussion



- Five cities initial Principals
- 13 FTEs
- 24/7 coverage
 - 16 hours/day scheduled coverage
 - On-call overnight coverage
- 2-4 teams during peak hours every day

Discussion



- Hybrid response –
 - 2 MHPs
 - 1 MHP and 1 first responder
- MHPs respond in program vehicle
- MHPs take lead on response

Discussion

- Create Non-Profit Agency and Establish Interlocal Agreement with 5 Principal Cities
- City of Kirkland
 - Hire and loan staff to Agency
 - Provide fiduciary services

Discussion

- **Interlocal Agreement Elements**
 - Executive Board comprised of Principal Agency City Managers
 - Principals are cities or counties only; must be contiguous to another Principal to join
 - Board Officers include President, Vice President, Secretary, Treasurer
 - Board meetings 6 times per year; monthly in first year
 - Intent to operate by consensus; voting in such manner that no one Principal can direct entity's actions
 - 6-year initial term

Discussion

2023-2024 Principal Budget Shares

	Bothell	Kenmore	Kirkland	LFP	Shoreline	Total
Population (April 2022 Revised OFM)	48,940	24,090	93,570	13,620	60,320	240,540
% of Total	20.35%	10.01%	38.90%	5.66%	25.08%	100.00%
PRINCIPAL SHARES						
2023 Start-Up (1-Time Costs)	\$82,412	\$40,566	\$157,567	\$22,935	\$101,575	\$405,056
2023 On-going Costs	\$265,509	\$130,693	\$1,070,865	\$73,891	\$327,248	\$1,868,207
2024 On-going Costs	\$312,532	\$153,839	\$1,107,700	\$86,978	\$385,205	\$2,046,255
TOTAL 2023-2024	\$660,454	\$325,099	\$2,336,132	\$183,804	\$814,029	\$4,319,518

Discussion

- Crisis Triage Facility Goals:
 - Increase crisis beds accessible to North King County cities
 - Identify partner organization to operate facility
- Planning Group:
 - City Managers/Administrators and key staff
 - RADAR Program Manager

Discussion

- Increase crisis beds accessible to North King County cities
 - Formed partnership with King County Behavioral Health and Recovery Division
 - Confirmed need for crisis facility within our region
 - Participated in roundtable discussion with Gov. Jay Inslee

Discussion

- Identify partner organization to operate facility
 - Virtual and in-person tours with operators across the nation
 - Support for Connections as partner
 - Identify additional capital grant funds



Discussion

Clinical Model – Services and Rationale

We submitted for a comprehensive crisis facility with service offerings beyond just the 16-bed crisis stabilization unit required for the Trueblood grant:

Level of Care		Annual Capacity*	Services	Rationale for Inclusion
Outpatient Clinic	Urgent Care	~3k visits	Walk-in immediate (< 90 minutes) access to outpatient psychiatric care	<ul style="list-style-type: none"> • Safe and welcoming milieu for walk-in access • Access for lower acuity to avoid decompensation
	Transitions Clinic	TBD	Post-acute wraparound care and warm hand-off	<ul style="list-style-type: none"> • Prevents “familiar faces”
Crisis Stabilization	23-hour crisis observation	20 recliners ~11k visits	Rapid stabilization for the highly acute by interdisciplinary team	<ul style="list-style-type: none"> • Alternative to ED, jail, inpatient for the highly acute • Flexible milieu to meet surges in volume demand safely
	23+hour crisis stabilization unit	16 beds ~2k visits	Continued stabilization for voluntary patients	<ul style="list-style-type: none"> • Continued stabilization for those who need it (3 – 4 days anticipated length of stay)
Evaluation and Treatment		16 beds, ~1.2k visits	Continued stabilization for involuntary patients	<ul style="list-style-type: none"> • Continued stabilization for the involuntary population w/o transfer to another provider (3 – 4 days anticipated length of stay)

Discussion

Estimated Capital Costs and Financing

Currently there is not an aligned funding source to the Evaluation and Treatment Unit, potential to focus on this level of care in upcoming conversations with respect to the Governor's Budget

Level of Care		Square Footage	Est. Capital Costs ¹	Aligned Funding Sources
Outpatient Clinic	Urgent Care	10,000 sq. ft.	\$3,500,000	Adult Crisis Stabilization Unit/Triage Facilities Grant (Award decision anticipated by late-November)
	Transitions Clinic			
Crisis Stabilization	23-hour crisis observation	6,629 sq. ft. ²	\$2,320,000	BHF –Crisis Stabilization Trueblood Phase 2: King County <u>Awarded on September 1, 2022</u>
	23+hour crisis stabilization unit	12,000 sq. ft.	\$4,200,000	
Evaluation and Treatment		12,000 sq. ft	\$4,200,000	No aligned funding from DOC
Total		40,629 sq. ft.	\$14,220,000	NA

Discussion

Implementation Plan and Timeline

The high-level timeline for the development of the crisis facility includes activities to secure real estate and additional funding, prepare for and carry out contracting and construction, and receive licensing approval, all in order to launch by October of 2023.

Activity	2022					2023									
	Aug.	Sept.	Oct.	Nov.	Dec.	Jan.	Feb.	Mar.	April	May	June	July	Aug.	Sept.	Oct.
Project approval															
Real estate search															
Conduct lobbying activities															
Negotiate lease															
Execute lease agreement															
Obtain proof of other funding															
Pre-contracting requirements															
Pre-construction requirements															
Construction															
Final state licensing review and approval															
Target opening															*

Next Steps

- Regional Mobile Crisis Response Program
 - September: Feedback from all Councils
 - 4th Quarter: Action on ILA, Articles of Incorporation
 - 1st Quarter 2023: Target start date
- Crisis Triage Facility
 - Direct capital budget appropriation request from the Governor and State Legislature
 - Collaborate with King County on recently announced intention to site 5 crisis facilities

Resource/Financial Impact

- Regional Mobile Crisis Response Program
 - \$327,248 in 2023
 - \$385,205 in 2024
 - One-time start-up cost of \$101,575
 - Use \$221,000 of annual savings from School Resource Officer
- Crisis Triage Facility
 - Funding from state and county grants

Recommendation

- Discussion item only
- Provide feedback on Community Mobile Crisis Response Agency
- Provide feedback on development and siting of regional Crisis Triage Facility