



PROCLAMATION

Whereas, sarcoidosis is a potentially debilitating and deadly multi-organ, inflammatory disease, estimated to affecting 200,000 people in the United States;

Whereas, the signs and symptoms of sarcoidosis vary widely depending on the person and organs affected and can include debilitating fatigue; shortness of breath; difficulties with balance and coordination; irregular heartbeat; visual problems, including blindness; pain affecting joints and muscles; weakness or numbness of limbs; skin rash and discoloration; mood disorders such as depression and anxiety; organ failure; and sleep difficulties;

Whereas, Sarcoidosis can affect people of any age, race, or gender, but is most common among adults between the ages of 20 and 40 and 3.8-fold higher in African Americans than in whites;

Whereas, research suggests the cause of sarcoidosis is a combination of genetic and environmental factors, but the exact cause and progression of the disease is still unknown;

Whereas, sarcoidosis is a diagnosis of exclusion as there is no objective test, biomarker, known case, or cure;

Whereas, volunteers, researchers, caregivers, and medical professionals are working to improve the quality of life and prognosis of persons living with sarcoidosis and their families;

NOW, THEREFORE, I, Will Hall, Mayor of the City of Shoreline, on behalf of the Shoreline City Council, do hereby proclaim April 2019 as

SARCOIDOSIS AWARENESS MONTH

in the City of Shoreline and urge all people in our state to join me in this special observance.



Will Hall, Mayor