

## Human Services Task Force

July 2009

Human Services Environmental Scan of Shoreline  
Demographics and Indicators of Well-Being

City of Shoreline Community Services Division  
Heliotrope

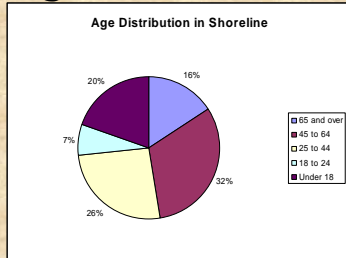


## Who lives in Shoreline?

### Demographic Highlights

- Population Size = 53,000 people
- Age Distribution
- Household Types
- Ethnicity and Language Diversity
- Income
- Residents with developmental disabilities

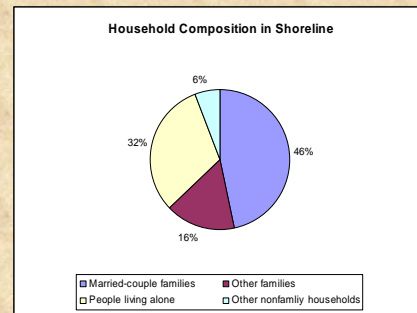
## Age Distribution



Source: U.S. Census Bureau, 2005-2007 American Community Survey

- Proportion of residents age 60+ will grow significantly

## Household Types



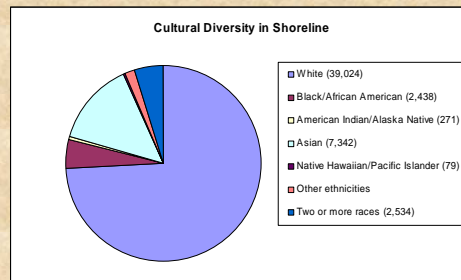
Source: U.S. Census Bureau, 2005-2007 American Community Survey

## Homeowners and Renters

- 69% owners
- 31% renters

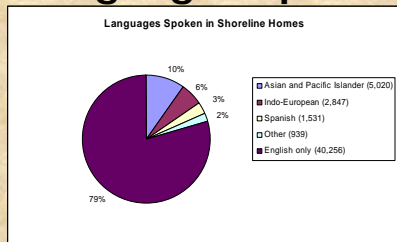
## Ethnicity

- 26% people of color and diversity expected to grow



Source: U.S. Census Bureau, 2005-2007 American Community Survey

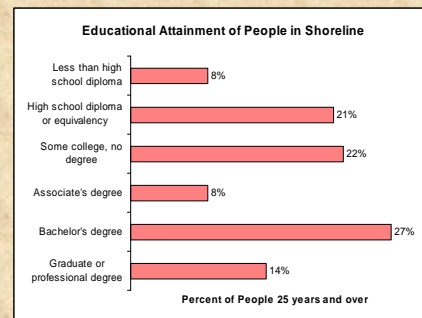
## Languages Spoken



Source: U.S. Census Bureau, 2005-2007 American Community Survey

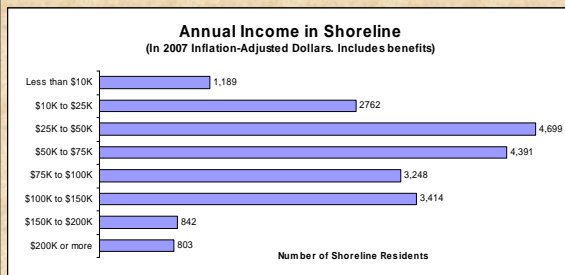
- 21% of families speak language other than English at home
- 52 languages spoken in Shoreline schools

## Educational Levels



Source: U.S. Census Bureau, 2005-2007 American Community Survey

## Income



Source: U.S. Census Bureau, 2005-2007 American Community Survey

## Individual and Community Well-being

How do we strengthen well-being and how are we doing?

- Who creates well-being?
- Who is doing well and who is struggling?
- How can you contribute?

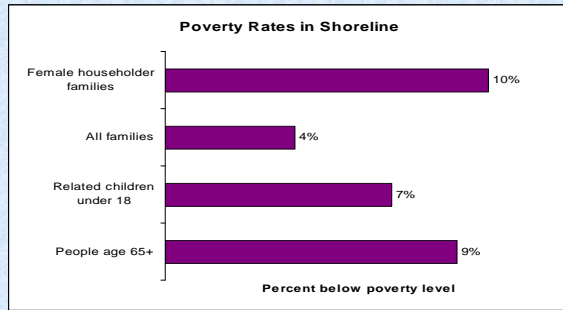
## Social Support

- Comes from family, friends, co-workers, etc.
- Is physical and emotional comfort & resources.
- Helps people cope with difficult circumstances.
- Can reduce emotional and medical problems from stressful events.
- Shoreline adults report high level of social support

## Living with Poverty

- Results in poor health and educational outcomes
- Most common cause of hunger and homelessness
- Children and adults of color more likely to be living in poverty

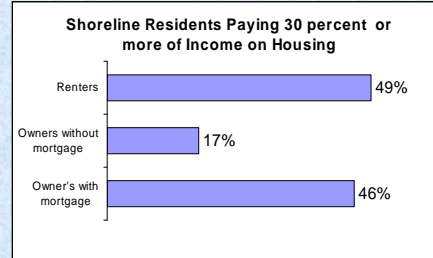
## Living with Poverty



Source: U.S. Census Bureau, 2005-2007 American Community Survey

## Food and Housing

- Paying more than 30% of income on housing leaves too little for other basic necessities.

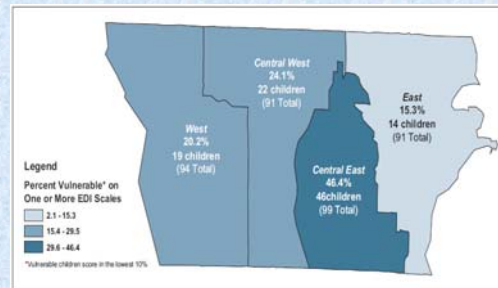


Source: U.S. Census Bureau, 2005-2007 American Community Survey

## Food and Housing

- Hunger: 8% of adults in north King County said *money for food often or sometimes didn't last* (2007)
- Shoreline food bank served 1,600 annually prior to recession

## School Readiness



Source: Communities Count, Social and Health Indicators Across King County, 2008

## Health Insurance

- 12% of adults under age 65 in north King County did not have any health insurance in 2007.

## Overweight or Obese

- Lack of exercise and being overweight are risk factors for:
  - coronary heart disease
  - hypertension and diabetes
  - premature death
- 55% of Shoreline adults 18 and over were overweight or obese (2005-2007)

## Safety

- Most Shoreline residents feel safe in their neighborhoods
- Serious crime rates are down
- Gang incidents increased from 38 in 2007 to 83 in 2008

## Discrimination

- Discrimination affects health, livelihood and well-being.
- Discrimination primarily based on age, gender, social class, race and ethnicity.
- 27% of adults in North Seattle/Shoreline experienced some type of discrimination (2001, 2004, and 2007).

## Seniors

Many aspects to the lives of older adults

- Age Subgroups
- Disabilities
- Income
- Housing and Homelessness
- Trends for the Future

## Senior Age Subgroups

### Senior Adult Population in Shoreline Source: Census 2000

Ages 65-74	3,601
Ages 75-84	2,888
Ages 85+	1,225
<b>Total</b>	<b>7,714</b>

Source: U.S. Census Bureau, 2005-2007 American Community Survey

- Older adults comprise different generations with different goals, capabilities and needs

## Senior Disabilities

- 42% of adults age 75+ in King County have physical disabilities
- Disability rates among people age 60-74 are declining

## Senior Income

- Poverty rate for seniors in King County increased from 7.3% in 2000 to 9% in 2006.

## Senior Housing and Homelessness

- 6,700 people age 55 and older are on waitlists for subsidized housing in King County.
- Almost 1,000 people age 55 and older in King County are homeless.

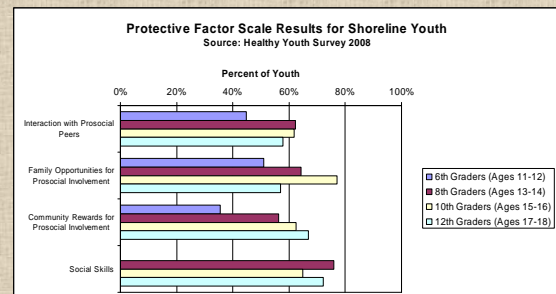
## Senior Trends for the Future

- 81% of baby boomers expected to work beyond retirement
- Many more older women will live in poverty than older men
- Disability rates increasing among females, low income, and less educated seniors
- Population of seniors living in poverty in King County projected to double

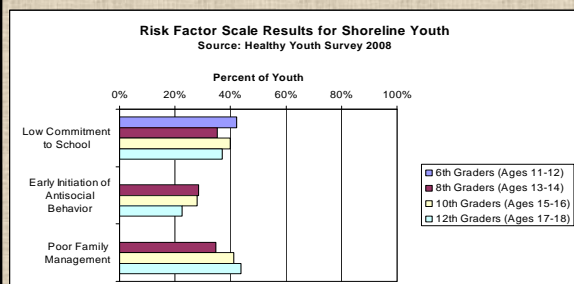
## School-age Children and Youth School and Life

- Protective factors
- Risk factors
- Academic progress
- Graduation rates
- How time is spent outside school hours
- Ethnic diversity
- Poverty

## Protective Factors



## Risk Factors



## Academic Progress

- Shoreline students passed all four subject areas of WASL substantially above statewide rates

## Graduation Rates

- On-time graduation rate for Shoreline School District was 78.8% (2006).

## What's happening outside school hours

- About half of Shoreline youth participate in supervised afterschool activities 3+ days a week.
- Almost a third of high school seniors work 11+ hours a week.
- 8th graders on an average school day
  - 30% spend 2+ hours at video games and computer fun
  - 40% spend 2+ hours watching TV, videos and DVDs

## Ethnic Diversity of Students

- 62% of Shoreline students are white, compared to 74% in the overall population

## Poverty Among Children and Youth

- 7% of Shoreline children (under age 18) live in poverty

## Areas needing attention?

- Underserved populations
- Demographic Trends
- Indicators of Well-being
- Seniors
- Youth
- Safety

## Underserved Populations

Populations in Shoreline who Respondents Felt were the most Underserved	Response Count
Immigrant and refugee families, ethnic minorities, people needing ESL	8
Seniors (especially those in adult homes)	5
Those in need of mental health services	3
Low income, adults children and adolescents	2
Homeless teens and adults	2
Those experiencing domestic Violence	1
At-risk youth	1
Veterans	1
Unemployed	1

## Demographic trends

- More older people
  - Proportion and number of older people will grow
- More people of color
  - Proportion and number of people of color will grow, especially younger children and school-age children

## Indicators of Well-being

- Need to increase
  - early learning and school readiness
  - parent support and effective parenting
  - protective factors for children and youth
- Basic needs and housing problems growing due to recession
- Health problems due to obesity are growing

## Services Offered

- Need for bilingual and bicultural staff
- Unused capacity exists so be cautious starting new things

## Senior Involvement

- Tap seniors as community resources
- Distinguish and address varied interests and needs
- Decreasing isolation is critical

## Youth Involvement

- Need to increase
  - early learning and school readiness
  - attachment to school and learning
  - protective factors for children and youth
  - awareness and prevention of gang crime
  - youth involvement in program design

## Questions/Discussion

